

Keat Hong



connects



A picture-perfect celebration with MP for Keat Hong, Mr Zhulkarnain Abdul Rahim, and residents.

Our Singapore, Our CCK, Our Home

AUGUST 2023

MCI (P) 027/06/2023

A beautiful, inclusive and gracious community

MOVING FORWARD TOGETHER

The post-pandemic new normal has brought back the joys of meeting family and friends and socialising in our neighbourhood. Chua Chu Kang (CCK) Town Council's continuous efforts to rejuvenate communal spaces facilitate such interactions. Along with other estate improvements, we strive to make CCK Town a better home for all residents.

Many blocks are enjoying a facelift through the Repair & Redecoration Programme, and 9,300 households will benefit from the Home Improvement Programme. Another 14,643 flats will be enhanced by the Neighbourhood Renewal Programme.

We have upgraded existing fitness corners and playgrounds, as well as built new ones for residents of all ages to work out together. The addition of new linkways and drop-off porches has also improved our residents' last-mile commute. And with the opening of the new SAFRA Choa Chu Kang clubhouse, residents can enjoy more dining and recreational options.

Our CCK cleaners play a vital role in keeping our estates clean. This year, we introduced three new award categories for the Town Council's Appreciate Our Cleaners 2023 awards to recognise the most caring, hardworking and favourite cleaners in our midst. CCK Town's PCF Sparkletot preschoolers also showed their appreciation for our estate cleaners by tying colourful Ribbons of Thanks in their homes and schools. Let's keep up our efforts to reduce clutter along corridors and the common areas, so we can create a clean, safe and pleasant environment for all.

Together, we are also making significant progress in greening our town. The upcoming launch of the Eco-Town Playbook outlines our sustainability efforts. Together, let's make CCK Town the most happening green spot in the Little Red Dot!

Singapore, our beautiful home, is worth celebrating. This August, join us to mark National Day at various events across CCK Town.

Happy 58th National Day, Singapore!

Ms Low Yen Ling

Chairman
Chua Chu Kang Town Council

齐心协力共同迈进

进入后新冠疫情的新常态后，我们恢复面对面交流，又可以在我们的邻里跟家人和朋友相聚。蔡厝港市镇理事会也一如既往，持续为公共空间注入新活力，让人们能舒适的聚会交流。在改进组屋区设施的同时，我们致力把蔡厝港市镇打造一个更为宜居的美好家园。

在“维修与翻新计划”下，多座组屋正在换上新装，并有9300户家庭将从“家居改进计划”中受惠。另外，邻区更新计划也将让1万4643个组屋单位拥有更好的区内设施。

除了翻新现有的健身角落和游乐场外，我们也增添新设施让各年龄层的居民一起舒展筋骨。此外，新增的连接通道和落车亭，也让居民出行的最后一里路更为方便。而随着新的蔡厝港战备军人协会俱乐部开幕，居民如今有了更多的餐饮和休闲选择。

蔡厝港的组屋区能保持清洁，我们的清洁工友扮演着重要的角色。今年，我们为“市镇理事会清洁工友奖”增设了三个奖项，表扬最有爱心、最勤劳和最喜爱的清洁工友。蔡厝港的PCF Sparkletot学前儿童也会在住家和学校系上表达感谢的彩带，向我们的清洁工友致谢。让我们继续努力，减少走廊和公共空间的杂物，为大家创造一个干净、安全和舒适的环境。

我们的共同努力，也使得我们在绿化市镇方面取得显著的进展。我们即将推出一本生态手册，概述我们在可持续发展方面所做的努力。让我们一起把蔡厝港生态市镇打造成这个小红点上最有看点的绿地。

新加坡是我们美丽的家园，值得庆贺。在这个来临的8月，蔡厝港市镇将有許多庆祝国庆的活动，让我们同欢共庆。

祝新加坡58岁生日快乐！

MAJU BERSAMA-SAMA

Norma baru pasca pandemik telah mengembalikan kegembiraan bertemu keluarga dan teman-teman serta bergaul di kejiranan kita. Ini telah dipermudahkan hasil usaha berterusan Majlis Bandar Chua Chu Kang (CCK) untuk memberi nafas baru kepada ruang-ruang komunal. Bersama-sama usaha penambahbaikan estet yang lain, kami akan terus menjadikan Bandar CCK rumah yang lebih baik untuk semua penduduk.

Banyak blok sedang diberikan wajah baru melalui Program Pembaikan dan Dekorasi Semula (R&R), dan 9,300 keluarga akan mendapat manfaat dari Program Peningkatan Rumah. Sebanyak 14,643 flat lagi akan dipertingkatkan menerusi Program Pembaharuan Kejiranan (NRP).

Kami telah menaiktaraf sudut keceriaan dan taman permainan sedia ada, dan membina yang baru untuk penduduk dari semua peringkat usia bersenaman bersama-sama. Tambahan laluan penghubung dan anjung menurunkan penumpang yang baru juga telah mempermudah perjalanan jarak jauh para penduduk kita. Dengan pembukaan kelab SAFRA Choa Chu Kang yang baru pula, penduduk kini boleh menikmati lebih banyak pilihan menjamu selera dan rekreasi.

Pekerja pembersihan CCK kita memainkan peranan yang penting dalam memastikan estet kita bersih. Pada tahun ini, kami telah memperkenalkan tiga kategori anugerah baru bagi anugerah Hargai Pekerja Pembersihan Majlis Bandar 2023 sebagai menghargai pekerja pembersihan yang paling penyayang, rajin dan digemari dalam kalangan kita. Kanak-kanak prasekolah PCF Sparkletot Bandar CCK juga telah menunjukkan penghargaan mereka dengan mengikat Reben Terima Kasih yang berwarna-warni di rumah dan sekolah mereka. Ayuh kita teruskan usaha untuk mengurangkan barangan di koridor dan kawasan awam, supaya kita boleh mewujudkan persekitaran yang bersih, selamat dan menyenangkan untuk semua.

Bersama-sama, kita juga sedang membuat kemajuan besar untuk menghidupkan bandar kita. Pelancaran 'Eco-Playbook' akan menggariskan usaha-usaha kemampanan kita. Ayuh, sama-sama kita jadikan Bandar Eco CCK tempat hijau yang paling menarik di 'Little Red Dot' ini!

Singapura, rumah kita yang indah, wajar diraikan. Pada bulan Ogos ini, sertain kami dalam pelbagai acara di seluruh Bandar CCK sempena Hari Kebangsaan. Selamat Ulang Tahun ke-58, Singapura!

ஒன்றிணைந்து முன்னோக்கிச் செல்வோம்

கிருமிப்பரவலுக்குப் பிந்திய இயல்புநிலையில், குடும்பத்தாரையும் நண்பர்களையும் சந்தித்து மகிழும் உற்சாகமான சூழலை நம் அக்கம்பகத்தில் மீண்டும் காண்கிறோம். சமூக இடங்களுக்குப் புத்துயிரளிக்க சுவா சூ காங் நகர மன்றம் மேற்கொள்ளும் தொடர் முயற்சி இதற்கு வழிகோலுகிறது. குடியிருப்புப் பேட்டையில் மேற்கொள்ளப்படும் மற்ற பல மேம்பாடுகளுடன், சுவா சூ காங் நகரைக் குடியிருப்பாளர்கள் அனைவருக்கும் மேம்பட்ட இல்லமாக உருவாக்கித்தர நாங்கள் முனைப்புடன் செயல்படுகிறோம்.

பழுதுபார்ப்பு, மறுஅலங்காரிப்புத் திட்டத்தின்வழி பற்பல அடுக்குமாடிக் கட்டடங்கள் புதுப்பொலிவு பெறுகின்றன. இல்ல மேம்பாட்டுத் திட்டத்துடன் 9,300 வீடுகள் பயனடையவுள்ளன. மேலும் 14,643 வீடுகள் அக்கம்பகப் புதுப்பிப்புத் திட்டத்துடன் மேம்படுத்தப்படும்.

அனைத்து வயதிலும் ஒன்றுசேர்ந்து உடற்பயிற்சி செய்ய, தற்போதுள்ள உடற்பயிற்சிக் கூடங்கள், விளையாட்டுத் திடல்கள் ஆகியவற்றை நாங்கள் மேம்படுத்தியதோடு, புதிதாகவும் கட்டியிருக்கிறோம். நமது குடியிருப்பாளர்களின் வசதிக்காகப் புதிய இணைப்புப்பாதைகளும் வாகனப் பயணிகள் இறங்குவதற்கான முற்றங்களும் அமைக்கப்பட்டுள்ளன. புதிதாகத் திறக்கப்பட்டுள்ள SAFRA சுவா சூ காங் மனமகிழ் மன்றத்தில் மேலும் பல உணவுக்கடைகளையும் பொழுதுபோக்கு வசதிகளையும் குடியிருப்பாளர்கள் அனுபவிக்கலாம்.

நமது குடியிருப்புப் பேட்டையைத் தூய்மையாக வைத்திருப்பதில் சுவா சூ காங் துப்புரவாளர்கள் முக்கிய பங்காற்றுகின்றனர். இந்த ஆண்டு, நகர மன்றத்தின் 2023 துப்புரவாளர் விருதுகளில் புதிதாக மூன்று விருதுப் பிரிவுகளை அறிமுகப்படுத்தி இருக்கிறோம். ஆக அக்கறையான, கடின உழைப்பாளியான, மனங்கவர்ந்த துப்புரவாளர்களுக்கு இந்த விருதுகள் அங்கீகாரம் அளிக்கும். சுவா சூ காங் நகரின் PCF ஸ்பார்க்லெட்டால் பாலர் பள்ளி மாணவர்கள் தங்களது வீடுகளிலும் பள்ளிகளிலும் பல வண்ண நாடாக்களைக் கட்டி, குடியிருப்புப் பேட்டையின் துப்புரவாளர்களுக்கு நன்றி தெரிவித்தனர். அனைவருக்கும் தூய்மையான, பாதுகாப்பான, இனிமையான சுற்றுப்புறத்தை உருவாக்கித்தர, பொது நடைவழிகளிலும் பொது இடங்களிலும் பொருட்களைக் குவித்து வைப்பதைக் குறைக்க நாம் தொடர்ந்து முயற்சி எடுக்கவேண்டும்.

நமது ஒன்றிணைந்த முயற்சியின் பலனாக நம் நகரின் பசுமையாக்கத்தில் குறிப்பிடத்தக்க முன்னேற்றம் ஏற்பட்டுள்ளது. நமது நீடித்த நிலைத்தன்மை முனைப்புகளுக்குச் சான்றாக Eco-Playbook வெளியிடப்படவுள்ளது. நமது சின்னஞ்சிறு சிவப்புப் புள்ளியில் ஆகச்சிறந்த பசுமைப் புள்ளியாக சுவா சூ காங் நகரை உருவாக்க ஒன்றிணைந்து செயல்படுவோம் என்று நம்புகிறேன்!

நமது அழகிய இல்லமான சிங்கப்பூர் போற்றத்தக்கது. இந்த ஆகஸ்ட் மாதம், தேசிய நாளை முன்னிட்டு சுவா சூ காங் நகரில் நடைபெறும் பலவேறு நிகழ்ச்சிகளில் எங்களுடன் கலந்துகொள்ளுங்கள்.

சிங்கப்பூருக்கு இதயங்கனிந்த 58வது பிறந்தநாள் வாழ்த்துக்கள்!



Appreciate Our Cleaners 2023



Congratulations to the 13 deserving estate cleaners who won CCK Town Council's Appreciate Our Cleaners 2023 awards. We are thrilled that their tireless efforts have been recognised and appreciated.

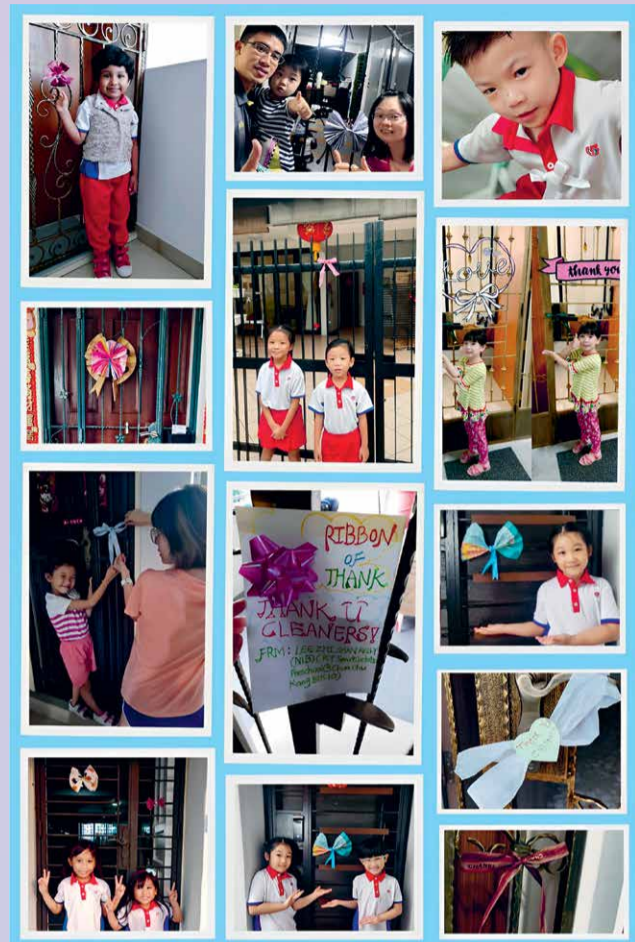
We would also like to thank all residents who actively participated in the nomination process and preschoolers from PCF Sparkletots who tied ribbons on their main gates/doors as a gesture of gratitude to our cleaners.



Mr Peh Cheng Swee (Keat Hong)
 "Mr Peh is already hard at work when I head out for my daily morning walk at 6.45am!"
 Nominated by Mr Chui Shooing Hee



Mr Ali Md Eman (Keat Hong)
 "My children really love and respect Mr Ali a lot for his work ethic."
 Nominated by Ms Aisha Johari



CCK Town's PCF Sparkletot preschoolers showed their gratitude and appreciation for the cleaners with their colourful and personal Ribbons of Thanks display.



Mr Bepari Rejaul (Hong Kah North)
 "My neighbour once spilt some soil on the floor in the evening. And it was gone by the next morning."
 Nominated by Mr Ong Chee Eng



Mr Hamsah bin Talib (Chua Chu Kang)
 "Mr Hamsah makes my day by greeting me whenever I see him."
 Nominated by Ms Nurul Aizat Binte Zainuddin



Mr Lee Chee Wai (Brickland)
 "Thank you, Uncle Lee, we appreciate all your efforts to keep our block clean."
 Nominated by Mr Lim Wei Qiang Nicholas



Mr Miah Alamin (Chua Chu Kang)
 "Anytime you ask Mr Miah for help, he would be sure to help."
 Nominated by Ms Sim Li Li



Mr Ng Teng Siak (Brickland)
 "Uncle Ng offered to help fix the brakes of my children's bicycle."
 Nominated by Mr Hong Chang Bin



Mr Robin Mohammad (Bukit Gombak)
 "Mr Robin has been exemplary with his attention whenever requested."
 Nominated by Ms Marianne Pereira



Mr Tan Kin Chiok (Chua Chu Kang)
 "Uncle Tan starts work as early as 5am every day!"
 Nominated by Ms Hani Ng Binte Yusof Abdullah



Mr Uddin Main (Hong Kah North)
 "Mr Uddin has become my daughter's favourite cleaner."
 Nominated by Ms Dhivya Chockalingam



THE MOST CARING CLEANER AWARD
Mr Husain Arif (Hong Kah North)
 "Recently, Mr Husain helped to quickly clean up a flat that was badly damaged so that the residents affected could return to their home soon."
 Nominated by Ms Vanessa Kong



THE MOST HARDWORKING CLEANER
Mr Hossain Mohammad Ismail (Keat Hong)
 "Ismail's tireless efforts in keeping our estate clean and tidy are evident in every part of our neighbourhood. We are incredibly fortunate to have him."
 Nominated by Mr J Sutarsan



MY FAVOURITE CLEANER
Mr Hossen Anwar (Hong Kah North)
 "Since I moved into the estate, I've found Mr Anwar to be dedicated to his job. I really appreciate his service and take my hat off to him!"
 Nominated by Ms Geetha Subramaniam

The Green Spot In The Red Dot

Our Eco-Town Playbook

Launching Soon!

About The Playbook

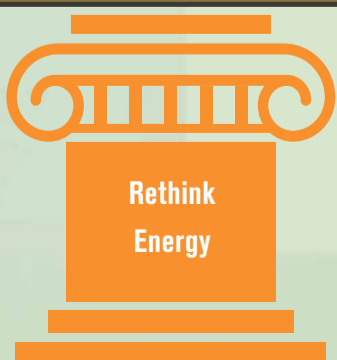
The *CCK Eco-Town Playbook* shows how Chua Chu Kang (CCK) Town is contributing towards Singapore's Green Plan 2030, a national sustainability movement to rally action to fight climate change.

No action is too small and everyone can play a part. CCK Town residents are co-creating green initiatives to build a sustainable future. By pursuing a green lifestyle and embracing the push for sustainability, residents are preserving the health of our planet for future generations.



Learn more about CCK Town's green initiatives and test your eco-knowledge with our interactive quiz!

Our Five Pillars To A Greener Life





Mr Zhulkarnain Abdul Rahim

MP for Chua Chu Kang GRC (Keat Hong)
Vice-Chairman of Chua Chu Kang Town Council

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Facebook : www.facebook.com/Zhulrahim.sg
Instagram : @zhulrahim
Twitter : @ZhulRahim
Telegram : https://t.me/zhulrahim

Meet-The-People Session
Every Monday (except public holidays), 8pm
Block 353 Choa Chu Kang Central, #01-313, Singapore 680353



SHAPING A BETTER KEAT HONG TOGETHER

We are always working hard to enhance the physical environment and needs of our residents. Following the opening of The Arena @ Keat Hong and the surrounding Neighbourhood Renewal Programme, Keat Hong residents can now look forward to new and exciting amenities under two upcoming Neighbourhood Renewal Programmes. Works have begun at Blocks 271 to 295 Choa Chu Kang Avenue 2/3. By the end of 2025, residents will enjoy a rejuvenated estate and a redeveloped Tembusu Park which will include a large adventure playground, 400m jogging track and basketball court. Further, Blocks 429 to 441 and 429A at Choa Chu Kang Avenue 4 have been selected for the Neighbourhood Renewal Programme.

Residents now enjoy sheltered and easy access to nearby shops and bus stop with the new covered linkway between Blocks 458 and 465 along Choa Chu Kang Avenue 4. In addition, Blocks 449 to 465 now sport a refreshing new coat of paint, perking up the area.

Besides these estate rejuvenations, we also received many fresh suggestions from residents to improve our Keat Hong estate. A big Thank You to residents like Mr Sutarsan who shared with us his idea for dedicated recycling bins to be placed next to letterboxes to encourage residents to throw their unwanted mail there for recycling. We piloted this solution in Keat Hong and now there are 70 of these bins across CCK Town.

Earlier this year, our Keat Hong Youth Network organised a successful recycling drive across our estate and collected over three tonnes of clothes, cardboard, newspapers and electronic waste. Kudos to all the volunteers and participants involved!

Our cleaners play a big part in keeping our neighbourhoods clean. Congratulations to Mr Peh Cheng Swee and Mr Ali Md Eman who emerged among the top 10 cleaners in CCK Town Council's Appreciate Our Cleaners 2023 awards. Mr Hossain Mohammad Ismail was chosen as the most hardworking cleaner.

I am sure you are looking forward to more developments as well as engaging activities and events in our estate. See you at our National Day celebrations at Keat Hong Square on 12 August!



OUR GREEN AMBASSADORS

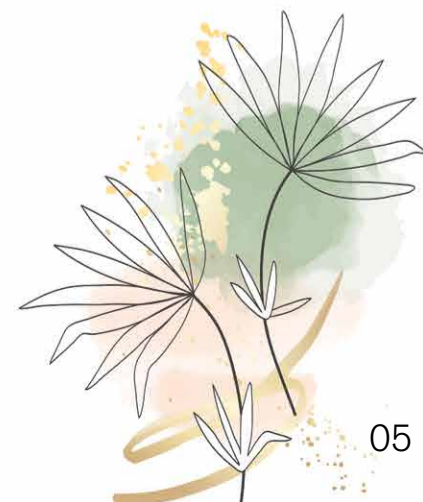
“Last year, I approached the Town Council to pilot a dedicated recycling bin for unwanted flyers and I am glad it was well received. 70 of these bins have made their way across Chua Chu Kang Town.”

Mr Sutarsan,
Resident of Keat Hong



“Gardening is a work in progress. It is not just about the harvest, but the process of working with a team of dedicated gardening volunteers, sharing our love for nature and reaping the results together. Our weekly interactions not only keep us active, but also encourage sharing of ideas and solutions. Of course, the fresh harvest we reap is a bonus!”

Ms Rashida Rabu,
Resident of Keat Hong



Get Fit and Fab

Get Your Body Pumping



A cardio workout (short for cardiovascular exercise) improves your endurance by strengthening your heart, lungs and muscles. The goal is to engage in moderately intense physical activity that raises your heart rate into the zone where you burn the most fat and calories.

Did you know that using the elliptical machine can burn some 270 to 400 calories in just 30 minutes? Hop onto an elliptical machine at **Block 483A Choa Chu Kang Avenue 5** for an invigorating workout and feel the calories burn.

Tone Up Power



These hydraulic machines at **Block 412 Choa Chu Kang Avenue 3**, which can also be found in many fitness corners, are great for toning and sculpting the body.

Without any weights attached, the hydraulic fitness machines in these fitness corners rely on a fluid system to let users enjoy smoother and gentler movements. This also places less stress on the joints, resulting in a more enjoyable workout.

The More We Play Together



For adults with young children, finding time to exercise may be tricky. Fortunately, many playgrounds and fitness corners are now conveniently located next to one another – like at **The Arena @ Keat Hong, Block 411 Choa Chu Kang Avenue 3**. This makes it possible for families to enjoy multigenerational fun together.

Remember, a family that plays together, stays stronger together!



Discovering CCK Town: Keat Hong



For fitness enthusiasts and families alike, the estate offers a wide range of outdoor exercise facilities and play areas to discover and enjoy.

Yay, Let's Play!

Indulge Your Imagination



Let your children kick off their exploration and embark on a journey of make-believe.

Be your own Captain Jack Sparrow and sail away on this pirate ship at **The Arena @ Keat Hong, Block 411 Choa Chu Kang Avenue 3**.

A Day In The Life Of...



Role-playing games are great for improving children's creativity and helping them develop problem-solving skills. Let them discover their very own "Kidzania", located right in their backyard.

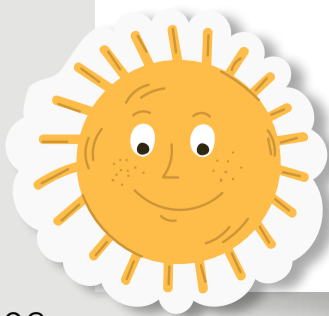
Be the king of the hill at this castle-themed playground at **Block 435 Choa Chu Kang Avenue 4**.

Time For An Adventure



Not only can children get their daily dose of Vitamin D through outdoor play, but they can also improve their eyesight at the same time. Studies have shown that at least two hours a day spent outdoors reduces the risk of myopia.

Climb every mountain, ford every stream and follow every rainbow, until you find your dreams at **Block 407 Choa Chu Kang Avenue 3**.



Making Your Home A Better Place

Highlights of Estate Improvements in Keat Hong

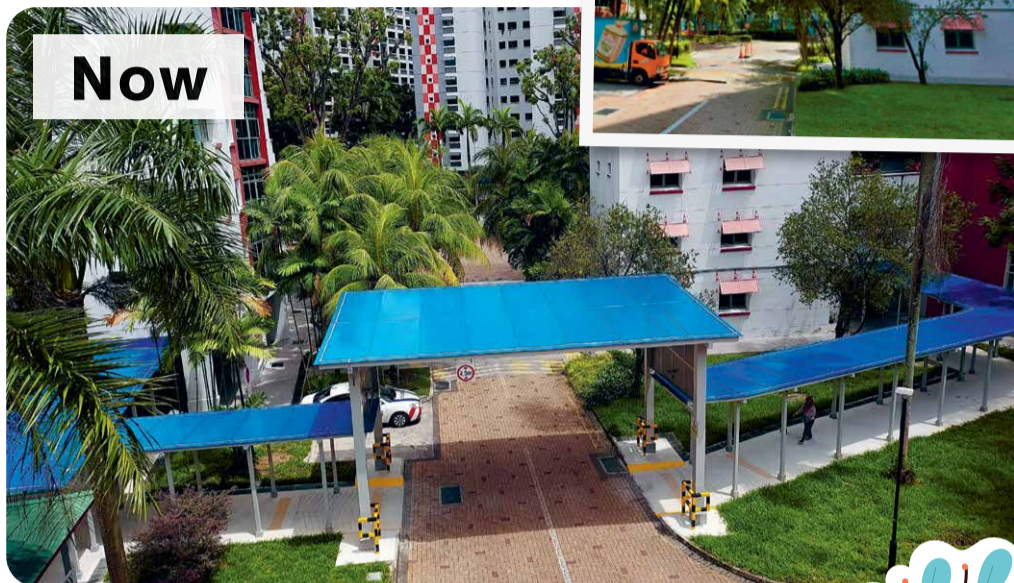
Estate Improvements

New covered linkway between Blocks 458 and 465 Choa Chu Kang Avenue 4 helps residents stay cool and dry!

Then



Now

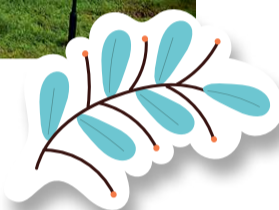
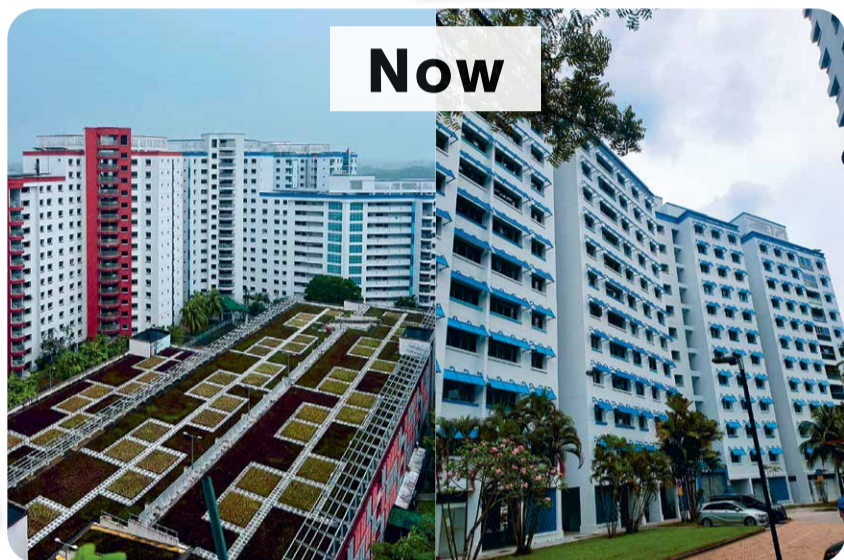


New coat of paint for Blocks 449 to 465 Choa Chu Kang Avenue 4

Then



Now



"It's now easier and more convenient to get to the bus stop and the nearby neighbourhood shop even on rainy days. I'm happy that our feedback has made a difference. Thanks to MP Zhul and Chua Chu Kang Town Council for listening and making this improvement!"

Mr Abdul Letheef, Resident of Keat Hong



Visit SAFRA Choa Chu Kang



SAFRA Choa Chu Kang features various facilities and amenities, including a sheltered swimming pool and futsal court, the largest EnergyOne Gym, Bouncetopia, student care and enrichment centres, Sonic Bowl, various F&B options such as Burger King drive-through and more. Get details at www.safra.sg/cck.



MPS Mr Gan Kim Yong, Mr Zhulkarnain Abdul Rahim, Ms Low Yen Ling and President of SAFRA Mr Zaqy Mohamad at the clubhouse open house.

DO NOT FEED THE BIRDS

Feeding causes birds to lose their natural ability to find food and increases their reliance on humans for food.



Feeding birds dirties the environment and can cause their population to grow out of control.

Feeding of wildlife, including birds, anywhere in Singapore can incur a maximum fine of up to \$10,000.

How You Can Help



1 Dispose of your food waste properly.

2 Return your trays and keep tables clean.



Did You Know?

Birds have many natural sources of food and do not need us to feed them. Here are some examples of native plants found across Singapore and the type of birds they support.



Syzygium grande
 ✓ Nectar-feeding
 ✓ Fruit-feeding
 ✓ Insect-feeding



Melastoma malabathricum
 ✓ Fruit-feeding
 ✓ Insect-feeding

Photo credit: Keneric Ng

Photo credit: Pauline Toy

Submit feedback on OneService App to improve our living environment.





National Day Celebrations in CCK Town

★ Let's come together to celebrate our nation's 58th National Day!

National Day Dinner

Date : Saturday, 12 August 2023
Time : 6.30pm to 10pm
Location : Keat Hong Square (Hardcourt)
Ticket price : \$50

For more information, please contact Keat Hong Community Club at 6769 4194.



CONTEST

ANSWER AND WIN! 10 lucky winners will each receive a prize!

What did preschoolers from PCF Sparkletots do to show gratitude to our estate cleaners?

Email your entry to corpcomms@ccktc.org.sg together with your name, address and contact number.

Terms & Conditions: Contest is open to all HDB residents of Chua Chu Kang GRC and Hong Kah North SMC, except staff of Chua Chu Kang Town Council and their immediate families. • Entries must be submitted and reach the Town Council by 31 October 2023. • Winners will be notified by email or phone.



Keeping Common Areas Safe & Clutter-Free

To uphold residents' safety, we clear all items that obstruct corridors and common areas.

Corridor clutter has caused fires & can cost lives. Let's keep our homes and estate safe.



"When I saw the Town Council's banner and notices encouraging residents in my block to remove clutter, I thought it was a good exercise. It's important to keep our block clutter-free because having so many things along the corridor can be a fire hazard. I alerted my neighbours about this exercise and asked them to join me in clearing our unwanted items."

Mr Lim Hai Seng,
Resident of Chua Chu Kang



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Email: info@ccktc.org.sg
Website: www.ccktc.org.sg
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